Pool Timetable

The Venue
Leisure Centre

Public sessions

Key: A Adults only | PF Public + Free swimming | AF Adults only + Free swimming

Monday

Lane Swimming

Main pool
06:30 - 07:30 A
07:30 - 09:00 AF
17:30 - 20:00
20:00 - 22:00 A

Public Swimming

Main pool	Teaching pool
09:00 - 15:00	15:00 - 16:00 PF
15:00 - 16:00 PF	18:00 - 19:30
16:00 - 17:30	

Swimfit®

Main pool
12:00 - 13:30

Aqua Aerobics

Teaching pool
12:00 - 13:00
19:45 - 20:30 (Deep water)

Parent + Baby Swimming

Teaching pool
08:00 - 09:00

Tuesday

Lane Swimming

Main pool
06:30 - 07:30 A
07:30 - 09:00 AF
20:00 - 22:00 A

Public Swimming

Main pool	Teaching pool
09:00 - 15:00	11:30 - 12:30
15:00 - 16:00 PF	18:30 - 19:30
16:00 - 19:30	

Swimfit®

Main pool
12:00 - 13:30
19:30 - 20:30

Aqua Aerobics

Teaching pool
15:00 - 16:00

Aqua Zumba®

Teaching pool
19:30 - 20:30

Wednesday

Lane Swimming

Main pool
06:30 - 07:30 A
07:30 - 09:00 AF
20:00 - 22:00 A

Public Swimming

Main pool
09:00 - 15:00
15:00 - 16:00 PF
16:00 - 20:00

Swimfit®

Main pool
11:30 - 13:00

Aqua Aerobics

Teaching pool
15:00 - 16:00 (Over 60s)
19:00 - 20:00

Parent + Baby Swimming

Teaching pool
08:00 - 09:00

Thursday

Lane Swimming

Main pool
06:30 - 07:30 A
07:30 - 09:00 AF
20:00 - 21:30 A
21:30 - 22:00 (Twilight) A

Public Swimming

Main pool	Teaching pool
09:00 - 15:00	15:00 - 16:00 PF
15:00 - 16:00 PF	
16:00 - 20:00	

Swimfit®

Main pool
11:30 - 13:00

Aqua Aerobics

Teaching pool
18:45 - 19:30
19:30 - 20:15 (Deep water)

Friday

Lane Swimming

Main pool
06:30 - 07:30 A
07:30 - 09:00 AF
19:30 - 22:00 A

Public Swimming

Main pool	Teaching pool
09:00 - 17:30	14:30 - 16:00
17:30 - 19:30 PF	

Swimfit®

Main pool
12:00 - 13:30

Aqua Aerobics

Teaching pool
12:00 - 13:00

Parent + Baby Swimming

Teaching pool
08:00 - 09:00

Saturday

Lane Swimming

Main pool
14:30 - 15:30

Public Swimming

Main pool	Teaching pool
08:00 - 14:30	12:30 - 14:30

Party Hire

Main pool	Teaching pool
17:30 - 18:30	17:30 - 18:30
19:00 - 20:00	19:00 - 20:00

FloatTastic Fun Session

Main pool	Teaching pool
14:30 - 15:30	14:30 - 15:30

Sunday

Lane Swimming

Main pool
08:00 - 09:00 A
09:00 - 14:30
18:00 - 19:00
19:00 - 20:00 A

Public Swimming

Main pool	Teaching pool
09:00 - 14:30	09:00 - 12:00
16:00 - 16:45*	16:00 - 16:45*
16:45 - 19:00	

Party Hire

Main pool	Teaching pool
16:00 - 16:45	16:00 - 16:45

FloatTastic Fun Session

Main pool	Teaching pool
14:45 - 15:45	12:00 - 15:45

*This slot may be booked out for private parties, please check before you visit.

Swimming Lessons

Monday

Main pool	Teaching pool
16:00 - 17:30	09:30 - 12:00
	13:00 - 15:00
	16:00 - 18:00

Tuesday

Main pool	Teaching pool
16:00 - 18:00	12:30 - 15:00
	16:00 - 18:30

Wednesday

Main pool	Teaching pool
16:00 - 18:00	11:30 - 13:00
	16:00 - 18:30

Thursday

Main pool	Teaching pool
16:00 - 18:00	11:30 - 13:00
	16:00 - 18:30

Friday

Main pool	Teaching pool
16:00 - 18:00	11:30 - 12:00
	13:00 - 14:00
	16:00 - 18:00

Saturday

Main pool	Teaching pool
08:00 - 13:00	08:00 - 12:30

Swimming Clubs + Schools

Monday

Main pool	
Potters Bar SC	18:00 - 20:00
Borehamwood SC	19:00 - 21:00

Tuesday

Main pool	
Schools	09:30 - 11:30
Potters Bar SC	18:00 - 20:00
Teaching pool	
Schools	09:30 - 11:30

Wednesday

Main pool	
Schools	09:30 - 11:30
Schools	13:00 - 15:00
Potters Bar SC	18:00 - 20:00
Teaching pool	
Schools	09:30 - 11:30
Schools	13:00 - 15:00

Thursday

Main pool	
Schools	09:30 - 11:30
Schools	13:00 - 15:00
Potters Bar SC	18:00 - 20:00
Hatfield SC	20:00 - 21:30
Teaching pool	
Schools	09:30 - 11:30
Schools	13:00 - 15:00

Friday

Main pool	
Schools	09:30 - 11:30
Borehamwood SC	19:00 - 21:00
Teaching pool	
Schools	09:30 - 11:30
Borehamwood SC	19:00 - 20:00

Saturday

Main pool	
Otters SC	16:00 - 17:00
Teaching pool	
Otters SC	16:00 - 17:00

Sunday

Main pool	
Borehamwood SC	17:00 - 18:00
Teaching pool	
Borehamwood SC	17:00 - 18:00

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Please visit **www.hertsmereleisure.co.uk/the-venue** to view our live pool programme. Timetable correct at time of print.

TheVenueBorehamwood

Hertsmere Leisure

Hertsmere Leisure manages these facilities in partnership with Hertsmere Borough Council. Hertsmere Leisure is a registered charity. Charity No 1093653.