



Hertsmere Party in the Park

FREE EVENT

Open to everyone

Party in the Park will stage some of London's hottest street dance acts, some of whom have featured in the recent StreetDance 3D movie and television, s Britain's Got Talent PLUS local up-and-coming music artists, giant outdoor games and more. Hosted by comedy duo Fontz and Shae this is a day you don't want to miss so grab your mates, bring a picnic and get on down to this new event for some real fun in the sun.

When: Friday 30 July.

Time: 2pm - 6pm

Where: Aberford Park, Borehamwood.

Wacky giant games

ONLY £2.50

for Hertsmere residents or £5 for non-residents

For ages nine to 13

Fancy having a laugh for a few hours? Play giant versions of snakes and ladders, jenga, connect 4 and more! Plus test your wits and talent with our wacky assault course. Lots of outdoor fun (inside if it rains), competitions and prizes up for grabs!

When: Thursday 19 August.

Time: 11am - 2pm

Where: St. Teresa's Catholic Primary School, Brook Road, Borehamwood, WD6 5HL.

To book your place call 020 8207 7568



Adrenaline high

ONLY £10

(including lunch and transport) for Hertsmere residents or £20 for non-residents

For ages nine to 12

A day of adventure activities to get the adrenaline pumping. Test your wits and skills in a range of fun challenges, including an assault course, climbing wall, archery, water fight, mega-skiing, ultimate Frisbee and much more

When: Four dates to choose from. Monday 16, Tuesday 17, Monday 23, Tuesday 24 August.

Time: 10am - 3pm

Where: Well End Activity Centre, Well End Road, Well End, Borehamwood, WD6 5PR.

Pick up and drop off points:

Oakmere Primary School, Chace Avenue, Potters bar, EN6 5NP, and Shenley Primary School London Road, Shenley, Radlett, WD7 9DX.

To book your place call 020 8207 7568



Horse-riding experience

ONLY £10

for Hertsmere residents or £20 for non-residents

For ages 11+

Think horse-riding looks fun? This is a one-off taster session where you will learn the basics. Your lesson will include how to look after a horse, what they eat, grooming and tacking up.

When: Eight dates to choose from. Any Tuesday or Friday from 3 August until 27 August.

Time: 10am - 12.30pm

Where: Penniwells Farm, Edgwarebury Lane, Elstree, WD6 3RG.

To book your place call 020 8207 7568.

Go-karting

ONLY £12

for Hertsmere residents or £24 for non-residents

For ages nine to 14

Experience the thrill of being like Formula-1's Lewis Hamilton. Join the team of racers through the bends and turns that will challenge you and your co-ordination skills.

When: Tuesday 3 August.

Time: 10.30am - 3pm

Pick up and drop off points: Hertsmere Council Offices, Elstree Way, Borehamwood, WD6 1WA.

To book your place call 020 8207 7568



Snow Centre & Top Golf

ONLY £12

for Hertsmere residents or £24 for non-residents

For ages nine to 12

Take part in the ultimate snow experience at this amazing new snow complex in Hemel Hempstead. You can ski with qualified instructors or sledge crazily on the ringoes. Afterwards join the Top Golf team and drive yourself off the Tee.

When: Wednesday 4 August.

Time: 10.30am - 3pm

Pick up and drop off points: Hertsmere Council Offices, Elstree Way, Borehamwood, WD6 1WA.

To book your place call 020 8207 7568



Learn to fish

FREE OF CHARGE

All ages welcome

Come along any time throughout the day and get a free fishing lesson - all ages and abilities welcome so just turn up and have a go. Tutors will provide all equipment free of charge. No need to book, just turn up.

When: Thursday 26 August.

Time: 9.30am - 4pm

Where: Oakmere Park, Potters Bar High Street, Potters Bar.



Arsenal coaching

FREE OF CHARGE

For ages nine plus

Don't miss out on this exciting opportunity to take part in Arsenal football coaching. A chance to make new friends and learn new skills. No need to book, just turn up.

When: Monday 23 August.

Time: 6pm - 8pm

Where: Moatfield Park, Bushey.



Play rangers

FREE OF CHARGE

For ages five plus

Coming to a park or an open space near you. It's free, it's fun, just turn up, meet us and bring your ideas!

Want to play football? You got it. How about cricket? Done. Do you want to build cool stuff? OK! What about getting creative with arts and crafts? No problem! What ever you can think of, you can do, and you know what the best part is? It's FREE!

For further information you can telephone 020 8207 7568 or visit www.hertsmere.gov.uk/rangers

View www.hertsmere.gov.uk Call 020 8207 7568 Email community.services@hertsmere.gov.uk

Fitness Offers throughout Hertsmere

Prices vary, starting at £1

Fitness @ Furzefield, Potters Bar

For more information, or to book call The Furzefield Centre on 01707 850500

Shokk Box

For ages nine to 15

A class packed with a punch! A great place to learn boxing techniques and combinations using boxing gloves and mitts.

When: Every Monday from 2 August to 23 August.

Time: 2pm - 3pm

Shokk Gym

For ages nine to 15

Specially designed for under 18s, SHOKK Gym has the latest fitness equipment. Qualified instructors will be there to keep you motivated and make sure you have an energy-packed experience.

When: Every Thursday and Friday from 5 August to 27 August.

Time: 11am - 12pm

Fitness @ The Venue, Borehamwood

For more information, or to book call The Venue on 020 8386 9886

Boxing

For ages nine to 14

Using boxing techniques and moves, with the help of pads and a trained coach, this class is great for those aged seven to 14.

When: Every Wednesday from 4 August to 25 August.

Time: 10am - 11am

Youth Gym

For ages 12 to 15

Want to get fitter? Why not come and try our fitness sessions? There's music to keep you motivated and moving.

When: Monday to Friday, every week from 2 August to 27 August.

Time: 10.30am - 11.30am

Fitness @ Bushey Grove, Bushey

For more information, or to book call Bushey Grove on 01923 470140

Youth Gym

For ages 12 to 15

Want to get fitter? Why not come and try our fitness sessions? There's music to keep you motivated and moving.

When: Inductions Mondays, Wednesdays and Fridays, 10am - 11am

Gym Sessions Monday to Friday from 2 August to 27 August.

Time: 11am - 12pm

Rolling base

FREE OF CHARGE

Your chance to join the youth club on wheels. On board you can create your own t-shirt, mix music, make CDs, learn nail art and much, much more. No need to book, just turn up. Subject to weather.

King George Recreation Ground, Bushey.

When: Tuesday 27 July.

Time: 2pm - 4pm

Moatfield Park, Bushey.

When: Monday 2 August.

Time: 12pm - 3pm

Phillimore Recreation Ground, Radlett.

When: Tuesday 3 August.

Time: 4.30pm - 6.30pm

Elstree (outside Tesco).

When: Tuesday 10 August.

Time: 4.30pm - 6.30pm.

Meadow Park, Borehamwood.

When: Tuesday 17 August.

Time: 4.30 - 6.30pm

Please call Charlie on 07906 528 847 for further dates, more info or to add yourself on the database.

Summer fun week – mini Olympics

Amazing value at £60 for the week (30 hours)

For ages nine to 12

This year's summer fun week takes on an Olympic feel as we count down to London 2012. Try football, netball, Kwik cricket, athletics, ultimate Frisbee, basketball, table tennis, trampoline, badminton, street dance and more... NEW FOR THIS YEAR – TAIKO (Japanese) drumming.

When: Monday 26 to Friday 30 July.

Time: 9am - 3pm

Where: Hertswood School Upper Site, Thrift Farm Lane, WD6 1TS. Pick up and drop off available from Potters Bar.

extended opportunities

Funding is available if you attend a school in Hertsmere.

For further details, prices and bookings please contact Emma Elliott on 020 8238 7282 or email eelliott@hertswood.herts.sch.uk, or Joy Cox on 07891 521158, email jcox@hertswood.herts.sch.uk

Arsenal Soccer School

£12 per day or £30 for three days for Hertsmere residents, £20 per day or £50 for three days for non-residents

For ages five to 13

When: Tuesday 3 until Thursday 5 August.

Time: 10am - 3pm

Where: Parkside Community Primary School, Aycliffe Road, Borehamwood, WD6 4EP.

To find out more call 020 8207 7801 or email Helen.Bottomley@hertsmere.gov.uk



National playdays

FREE OF CHARGE

All ages welcome

National Playday events are free to attend and offer all sorts of fun things to do from sport and dance to arts and crafts, magic shows, face painting and more. Playdays are a celebration of children's right to play. We look forward to welcoming you.

Moatfield Park, Bushey.

When: Monday 2 August.

Time: 12pm - 2pm

Oakmere Park, Potters Bar.

When: Wednesday 4 August.

Time: 12pm - 2pm

Aberford Park, Borehamwood.

When: Friday 6 August.

Time: 12pm - 2pm

Pinocchio in the Park

£25 for the three days

£5 discount per sibling (Lunch not included).

For ages six to 18 of all abilities

Herts Inclusive Theatre are hosting a three day summer drama and performance workshop. The workshop offers the opportunity to learn acting, singing and movement skills, and end the workshop with an outdoor performance in Cassiobury Park in Watford!

When: Tuesday 10 - Thursday 12 August.

Time: 10am - 4pm (Performance: Thursday 12 August, 6pm)

Where: The Sixth Form Centre, Watford Grammar School for Boys, Rickmansworth Road, WD18 7JF.

Contact Caroline England to find out more on 07983 376734 /01923 499310 Email: hertsinclusivetheatre@live.co.uk

Fun Play Schemes

For ages four to 11

Hertsmere's Play Schemes provide fun, exciting and innovative activities to children aged four to 11 throughout the borough; designed to capture their attention and imagination. We've lined up an amazing summer packed full of awesome activities with five different programmes to choose from:



Arsenal: Learn how to play football the Arsenal way – some of Arsenal's top coaches will take you through your paces.

Musicplay: School of Rock (learn to play as part of a rock band). Try your hand at drumming or learn to sing.

Artplay: You bring your creative and wild imagination and we bring all the materials! Paint, pencils, clay, hats, jewellery; this is your chance to make almost anything you can think of.

Dramaplay: Your chance to act, sing and dance. At the end of the week, you'll be able to perform in your own production to a real live audience.

Sportplay: The World Cup is in full flow and the Olympics are just around the corner. Come and take part in a range of sports and learn the skills and tactics taught to the professionals.

For more information, dates, prices and locations please visit www.hertsmere.gov.uk/play or telephone 020 8207 7568

FREE SWIMMING for those aged 16 and under.

Grab your friends, come down to your local leisure centre and cool down on a sizzling hot day. To add to the fun it's completely free if you are aged 16 and under. Free swim times are as follows:

	Monday	Wednesday	Friday	Saturday
Furzefield	7.30am - 9.30am and 4pm - 6pm	7.30am - 9.30am and 4pm - 6pm		
The Venue	7.30am - 9.30am and 4pm - 6pm	7.30am - 9.30am and 4pm - 6pm	7.30am - 9.30am and 4pm - 6pm	1pm - 4pm
Bushey Grove	1pm - 3pm	1pm - 3pm	1pm - 3pm	

This offer is open to Hertsmere residents only.