



# *Personal Training*

**Need some inspiration?**

Then ask about our Personal Training options.

Available at Oakgrove for £27.50 per hour  
Beaumonts Members £25.00 per hour

Contact Oakgrove Leisure Centre reception for further details: 01908 528852



[www.hertsmereleisure.co.uk](http://www.hertsmereleisure.co.uk)